

The format for this novena is:

the opening prayer; the prayer of the day; then the Our Father; Hail Mary ; and Glory be. Repeat for day 2, 3, etc.

Opening Prayer
(Repeated at the start of each day)

Mother of Perpetual Help, Woman of Eternal Hope, your wordless gaze tells me so much about you. Your knowing eyes look upon me with tender love. While your left hand supports the Child Jesus, your right hand points me to this same Jesus who is my Saviour. Seeing that his sandal will fall to the ground, reminds me that I stumble and fall – intercede for me. Never let me be parted from you and your Son, Jesus.

Lady of love, bring to your Son, Jesus, the following intentions for which I am offering this novena. I pray for.....(here mention the people, situations, needs, etc. for which you are offering this novena).

Day 1

Mother of Perpetual Help...

Lady so gentle, you know the compassion of Jesus for those who suffer: Pray for me that I may learn to understand human pain.

Our Father, Hail Mary, Glory be...

Day 2

Mother of Perpetual Help...

Lady so strong, you faced each of life's problems with growing trust: Pray for me that I may trust God's wisdom in times of decision.

Our Father, Hail Mary, Glory be...

Day 3

Mother of Perpetual Help...

Lady so loving, you had a lifetime to understand the heart of your Son. Pray for me that I may know God's presence in my life.

Our Father, Hail Mary, Glory be...

Day 4

Mother of Perpetual Help...

Lady so understanding of family life, its joys and sorrows: Pray for me in time of family difficulties.

Our Father, Hail Mary, Glory be...

Day 5

Mother of Perpetual Help...

Lady so patient in waiting on the will of God in your life, Pray for me that I may cope with sickness and loss.

Our Father, Hail Mary, Glory be...

Day 6

Mother of Perpetual Help...

Lady so involved in the mission of your son: Pray for me when I fail to understand the way my prayers are answered.

Our Father, Hail Mary, Glory be...

Day 7

Mother of Perpetual Help...

Lady so warm and kind to young neighbours and friends: Pray for me that I may live in harmony with my neighbours.

Our Father, Hail Mary, Glory be...

Day 8

Mother of Perpetual Help...

Lady who kept things in your heart and pondered them: Pray for me that I may learn to pray and then to wait on God.

Our Father, Hail Mary, Glory be...

Day 9

Mother of Perpetual Help...

Lady who stood by the cross of Jesus and willed with him his death for the world: Pray for me and for the people and nations in turmoil today.

Our Father, Hail Mary, Glory be...

Mother of Perpetual Help, we who call on your most powerful name, thank you for the graces we have received through your intercession and for hearing our prayers today: "For God who is mighty has done great things through you, and God's mercy is from age to age, on those who fear him." Amen.

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NOVENA
to
OUR MOTHER OF
PERPETUAL HELP

A novena, a nine-day prayer, is a way of praying with perseverance, modeled after the nine-day period the apostles prayed before Pentecost.